Year 6 Farewell
Every child, every opportunity drives Ashfield Public School's deep belief that every child is capable of successful learning. An important part of this belief is the high priority given to ensuring a supportive whole school culture that builds and maintains positive and caring relationships between teachers and students.

A NSW Centre for Education and Statistics & Evaluation (CESE) study, *Six Effective Practices in High Growth Schools* (October 2015), identified a supportive whole school culture as one of the practices common to the NSW government schools that achieved high growth in NAPLAN between 2010 and 2014.

A supportive whole school culture can be understood as a value-added measure that has a positive effect on growth in student achievement. In the CESE study a supportive school culture is one where students are socially engaged and feel a sense of belonging. It is a culture where students have positive perceptions of their class including the good relationships they have with their teachers.

As part of investigating Ashfield Public School’s success in creating a supportive learning culture to enhance learning outcomes, eighty students from Years 4 to 6 took part in an online survey, *Tell Them From Me*. The survey is a Department of Education (DoE) initiative through the CESE and helps a school measure how effectively it creates a supportive learning environment that facilitates growth in student achievement.

The survey investigated some school-level factors that indicate Ashfield Public School’s capacity to successfully engage students including teacher student relations, classroom learning climate, teacher expectations for success and student advocacy. Overall the student feedback given in the survey was very positive and shows that the school is maintaining a supportive whole school culture.

In general, the majority of students surveyed identified that they get along with their teachers, feel that the teachers care about them and treat them fairly. There was an overall feeling that teachers are concerned about student success and encourage students to do well at school.

Also the survey showed that the majority of students identified the school as a place where it is easy to make friends and be accepted for who they are.

A successful school is one that possesses a strong, supportive school culture where children are happy, get on well with teachers and each other and feel that they belong. It is a school that maximises its contribution to student learning by maintaining the right conditions for students achieve their best and make good growth in the domains of academic and social achievement. *The Tell Them From Me* survey shows that Ashfield Public School is a such a school.

**Damien Moran**
Principal
Principal’s Recognition

These students have been chosen by their teachers to share their best work or commitment to learning with the Principal.

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 5/6C</td>
<td>Luis Webb</td>
<td>• Challenging himself at camp</td>
</tr>
</tbody>
</table>
| Year 5/6A | Inoke Jermal | • A supportive team member on camp  
• A positive role model and team member on camp |
| Year 3/4P | Isabella Keegan | • Fabulous speech  
• Mathematics |
| Year 3/4K | Tista Michelle | • An amazing role model to her peers and trying her best in all areas of school  
• Fantastic work leaning about Time |
| Year 3/4C | Jessica Prashant | • Fabulous work in Literacy Groups  
• Excellent writing |
| Year 2W | Tia Arabella | • Writing  
• Fantastic presentation of the park diorama |
| Year 1S | Denzel Yitong | • Exemplary role model  
• 110% effort and hard work |
| Year 1T | Stephan Akira | • Being honest  
• Excellent class member |
| Year 1/2V | Hyunjun Feyman | • A great helper in class  
• Excellent maths work |
| K/2D | Jason | • Persistence in drawing weather pictures |
| KH | Naveah Samuel Brando Matteo | • Good listening  
• Great reading  
• Good listening  
• Great participation in activities |
| KM | Miriam Shafi Naimah | • For great contributions during class discussions  
• Great work in Tinker Time  
• Always trying her best when writing |
| KK | Eissa Shane Erik Dylan | • Making great maps  
• Making great maps  
• Making great maps  
• Making great maps |

Check Ashfield Public School’s website Calendar for more upcoming events.
Kindergarten
Stage Page

What a magnificent year we have had in Kindergarten. The children have all worked hard to learn and have lots of fun too. We still talk about the great day we had at Taronga Zoo as well as all the carnivals we have participated in. We were “Simply the Best” in Term 3 and have been dancing up a storm in Term 4. Swimming was hard work but worth it in the end. Everyone gained lots of confidence in the pool and all of the children are keen to build on their skills in the holidays.

As a fitting finale to our year, Kindergarten ran the assembly and performed for the school as well as the 2016 Kindergarten students and their parents. Kindergarten rocked the hall with their rendition of “Jingle Bell Rock”. We wish everyone a safe and happy holiday and look forward to seeing the children and parents back in 2016.
Support Unit
Stage Page

As part of our PDHPE program, all Support Unit students attended the Swimming and Water Safety Program at Ashfield Aquatic Centre. As we developed our water confidence and basic skills in water safety and survival, we had a great time splashing around.
Stage 1

Work! Work! Work – We do so much work in Stage 1, it’s hard to know what to tell you about. It’s all exciting and so much fun that we forget we are learning! School is the best time of our lives.

Last Tuesday we went on our excursion to the Field of Mars to learn about wet and dry environments that directly affect our lives. Right in the middle of a great big city we experienced life in both environments. We drew pictures using natural resources, studied mini-beasts in magnifying jars, climbed steep rock faces, rolled down the grassy banks and studied shells on the beach – all in ONE DAY! Everyone would have slept well that night.

At school we made some fantastic models of our wet and dry environments featuring many of the characteristics we have been studying. These projects involved scale plans, sourcing suitable materials and group collaboration. AMAZING RESULTS! See our Wangal newsletter and Twitter for photos.

Dancing will continue until Week 10 and the students really enjoy learning new routines and activities. Fitness is so important. We are all looking forward to our school picnic on Friday 11th December. Carrs Park is an ideal venue to play, swim, be together and just enjoy ourselves. Please join us if you can. Let your child’s teacher know if you need a ride in the bus. It will be a fun end to our fabulous year.
Stage Two has had an amazing term learning about different beliefs. We have had great learning experiences, visiting The Great Synagogue, St. Mary’s Cathedral, King Faisal’s Mosque and the Nan Tien Temple.

We would especially like to thank our wonderful parents and people from the community for sharing their knowledge and love of their faith. We also thank Surabhi and Shipra for their talk on Hinduism, Mimi for her talk on Judaism, Naimo and Latifa for their talk on Islam, Jennifer for her talk on Christianity and talks from Reverend John to 3/4P on Christianity.

Stage Two Teachers
Stage 3
Stage Page

Last week Stage 3 went away for two nights to stay at the Berry Sport and Recreational Centre for camp, joined by Miss Atkin, Miss Sten, Mr Cartwright and Mr Moran. The 3 days we spent there were full of activities, playing, eating and most importantly having fun. We were also lucky enough to have amazing weather, as there was not a cloud in the sky the whole trip. When we first arrived there the instructors were very helpful and got us settled into our cabins straight away. Stage 3 was split into two groups and the first activities on the itinerary were archery and canoeing. The archery group were lucky enough to enjoy a swim in the pool to cool down after the archery session. That night after dinner the camp ran some night time activities in the hall, and by the end we were ready for bed.

The next day the groups met the giant swing, where a student was harnessed onto a rope and pulled up by their team mates. When they were ready, the student released themselves and swung up high in the air. On Friday we spent our last activity rock climbing. It was challenging faces our fears but with the support from our teams many of us climbed much higher than we thought we could! It was a great camp where students challenged themselves, experienced new things and worked as a team to build cooperative skills. Thank you Berry Sport and Recreation Centre for having us – it was a blast!
The News Room

In and Around the Library

The Library has been a very busy and dynamic venue at our school this year. Through weekly Library/ RFF lessons, students have the opportunity to read, explore, create and research using books and PCs, iPads and personal devices. The My Movie Studio and Green Screen after school program extended the use of the Library facilities and gave students access to equipment to extend Visual Literacy.

Our many other Library activities this year included the Book Fair, Book Week Parade, author talks, visits to Ashfield Library, participating in the National Simultaneous Story time, Premiers Reading Challenge and hosting many school and library meetings. The weekly homework club increased to over 60 Ashfield students being assisted by 15 tutors from various universities every Thursday afternoon. This was a great opportunity for students to gain individual attention and help with their homework. Thank you to all the Ashfield teachers who assisted too.

Holidays are an excellent time to take the opportunity to read and explore. If you don’t already belong to your local library, now is a good time to join. There are many beautiful libraries to visit in our city including the State Library and some very unusual libraries.…

Did you know?

Reading improves your imagination
Reading helps your verbal ability.
Reading makes you smarter.
Reading can brighten your day.

App of the week

FOTOSWIPE
Easiest way to instantly share photos and videos with people near you. It’s fast, easy, and fun. Best of all, it’s FREE!

Word of the week

SQUEEGEE
A scraping implement with a rubber-edged blade set on a handle, typically used for cleaning windows.

Game of the week

TERRARIA
A 2D game which allows you to roam around and have a little adventure for yourself. You can also play online with friends.

This game is a lot like Minecraft except its more advanced and its 2D. Also there are about 17 bosses to fight and a lot of items like solar eruption.
Recreational & outdoor spaces

There appears to be limited research into specific links between the design of outdoor and recreational spaces in schools and student learning outcomes. There is, however, substantial evidence to suggest students who regularly engage in play and physical activity tend to have better grades, school attendance and classroom behaviour (DEECD 2011; National Center for Chronic Disease Prevention and Health Promotion n.d.).

Much of the literature in this area focusses on the benefits of play, including its effect on physical, social and emotional development. It appears that the capacity to gain such benefits depends on the quality of the play environment, as well as how such environments are used and supervised (DEECD 2011).

The DEECD literature review identified a number of considerations for outdoor design, including student safety and security, the access and needs of students with a disability and the need for quality, well supervised environments that encourage free play. Thian (2006) suggests that ‘good’ school playgrounds support developmentally appropriate activities, provide diverse spaces and are interesting to the user. She notes, ‘If a type of space or equipment is not liked by the children – irrespective of whether it has been well-designed – it will not be used’ (Thian 2006).

There is also a growing body of research into the role of school spaces in encouraging physical activity and, in turn, improving health outcomes amongst students. The United Kingdom Department of Education and Skills (2003), in their study into the relationship of capital spending and student performance, found spending on school sports grounds/gymnasiums had health benefits for students. These benefits were particularly apparent in lower socio-economic areas, where children had little access to other facilities. New or improved facilities in schools were found to encourage students who did not previously participate in sport to do so while also reducing the risk of injury for those who already participated.

In a recent Australian study, Hyndman et al. (2014) evaluated the impact of a simple school playground intervention on students’ physical activity. The researchers placed a range of materials, including milk crates, buckets and bicycle tyres, in the playground at one school and then compared the play of students at this school against those at a control school. They measured the activities of children at the schools through the use of pedometers and direct observation and found children at the intervention school were more likely to participate in, and enjoy, physical activity.

There is also some evidence to suggest school garden and kitchen programs can have a range of benefits for students and the wider school community (Centre for Health Service Development 2013; Pascoe & Wyatt-Smith 2013). A common aim of school gardens is to improve students’ intake of fruit and vegetables, however there is also some evidence that these initiatives can have positive impacts on student learning (Pascoe & Wyatt-Smith 2013). In Australia, an evaluation of the Stephanie Alexander Kitchen Garden National Program4, found parents and teachers identified improvements in students’ behaviour and teamwork following the commencement of the program (Centre for Health Service Development 2013). Ninety-seven per cent of teachers involved in the evaluation felt the program supported classroom learning and had positive benefits across subject areas. However, the evaluation found no evidence to suggest the program had any effect, positive or negative, on NAPLAN scores.

School assets and student outcomes Centre for Education Statistics and valuation - October 2015
Chinese ambassadors

Hello everyone it’s the Chinese ambassadors. You guys should be excited because we are going to tell you who is going to be the new Chinese ambassador in about…. 1 to 2 weeks!!!!!!

Also we are almost done will badminton so hope you all liked it so far and keep coming. If you forgot it is on Tuesday at break 2.

By Olga

Deadly Kids

Dreamtime This is the last article for the year 😊 and 😞 because this is the last one for the year lets wrap it up about the Wangal tribe. The Wangal were a number of separate coastal groups between Botany Bay, Pit water and Parramatta. Collectively the related groups along the Parramatta River and Port Jackson called themselves Eora (e-o-ra) which means ‘people’. The Wangal might have occupied those areas for more than 20,000 years. On the 5th of February, 1788, Captain John Hunter was approached by a Wangal man while having his breakfast. This area is now called breakfast point but as the Wangal people call it, Booridiowogule. Back then, the Wangal landscape was occupied by mangroves, grass, trees and an abundance of animal, birdlife, fish and oysters.

Green Team

Hello I’m Kenichi back for another Green Team Report. Recently my partner and I have been collecting paper from the blue bins. We’ve been seeing a lot of tissues and snack bars in the blue bins.

Please do not put those things in the blue bin. Instead please put it in the red bin, because if we do the job quickly you can continue with your learning faster. That’s all for this week. I’m Kenichi and hope you enjoy this last green team report!

Electricity Monitor

Hello everyone, I hope you are having a nice day. Today I’ll be talking about how to maintain batteries in phones. When you are going to charge your phone, I recommend you charge them when the % is 0 (your battery would last longer if you do this for a while). On Apple devices with iOS 9 software update there is a new mode that should add 3 hours of extra usage.
Survey of the Week

Stage 3 Camp

Hello everyone, we are the surveyors and we’re back with lots of responses from many people. The survey page is where we survey people about the activities, excursions or events that happen in our school. This week we asked some of the Stage 3’s about the Stage 3 camp. Here are a few of their opinions.

Responses:

• What I love about camp was the Giant Swing because we got to go as high as we wanted to go.
• What I like about camp is Rock Climbing because we got to challenge ourselves to finish it.
• What I love about Camp is hanging out with my friends because we can spend time with people we don’t always get time to know.
• I liked Archery the best because we had to really concentrate on the target point and aim for it.
• I liked canoeing because you got to explore the river and the creeks but it was a bit tricky at first because we couldn’t control the canoe.
• I really liked the night activities we had especially the Blindfolded Bowling. It was a good night time exercise.
• I really liked canoeing because we got to get a good sight of the river and it was fun paddling with our friends.
• Giant Swing was the best because you could just let go of everything and swing freely in the air. You could also see the beautiful view.

• I loved the night activities. It was lots of fun getting to work in teams.
• I really liked meeting new people from the other schools there and I made lots of new friends.

We hope you enjoyed reading these amazing responses. This is also the last survey for this year but we hope this continues next year. Happy Holidays!

Maths Help

Today we are going to show you how to use a coordinate plane. A plane is not the thing that flies in the air, it is a cross that has numbers on it.

When someone tells you to point out (1, 2) you always start on the horizontal line “x” then the vertical line “y”. The first red arrow is pointing out where 1 on x and 2 on y (1, 2) is. The green arrow is now pointing at (-3,1). Also, the purple arrow is pointing at (-3, -2). Lastly, the blue arrow is pointing at (3.5, -4).

By AJ and Xiao
The previous Pure Health video was about sleeping and resting. You need to sleep everyday otherwise you will surely have baggy, red eyes the next morning. By sleeping you relax your eyes and your body so they can be strong the next day. By resting, you boost your brain function and lower stress nerves. Resting and sleeping helps keep you healthy and gives you energy throughout the whole day. I hope you sleep and take small naps and rests when you are in your school holidays.

Stay fit, stay pure, and stay healthy!

Jonas

Technology Report

The technology report for this week is about the Segway board. You need to stand on the board to control the board’s direction and go forward and backward. The Segway board is electric so you need to spend a few hours to charge the board. You need some skill to control the board.
50 Certificates of Success and 5 School Awards

School medal goes to:

Kristina 1T  Ralph 2W

10 Certificates of Success

Congratulations to:

Kailiana KK  Anish 2W
Dylan KK  Uyen Nhi 2W
Tianna KK  Arabella 2W
Eissa KK  Lu 2W
Jack Wilson KM  Nimisha 2W
Joshua KH  James 3/4C
Zachary KH  Brian 2W
Shaurya KH  Freya 3/4C
Ronva KH  Liku 3/4C
Siddarth KH  Danna 3/4C
Stephan 1T  Kylah 3/4C
Erica 1S  Skye 3/4C
Darcy 2W  Melissa 3/4C
Jan 2W  Lumiya 3/4P
Miette 2W  Ronak 3/4P
Disen 2W  Inoke 5/6A
Tia 2W  Placido 5/6A
Oliver 2W  Ellen 5/6A
Toby 2W  Lloyd 5/6S

Fact of the Week

Did you know!

The Blue-Ringed Octopus is one of the world’s most venomous marine animals. It can kill you in one sting, there is no antidote known to mankind. Don’t go too far away in the ocean otherwise this mysterious creature may shock you.

Quote of the Week

“Life is a game. Money is how we keep score.”

Ted Turner
- Ted Turner by Wazza
SRC Report

Congratulations to the candidates in year 5, who have the privilege of being part of the SRC Executive team for 2016. They are Zoe, Ali, Ellen, Nick, Claire and Miles, and Anthony as our Support Unit Representative. We know that they’ll do a great job leading our school next year.

We have recently finished our Girl’s Handball Competition for kindergarten. Now we are underway in running the Stage 1 and Stage 2 Girl’s Handball Competition. We have some tough competition with close scores and near ties.

Every day we see happy smiles and confident faces, keep calm and try hard. Do your best everyone, here will miss you!

SRC Executive

Water Monitor

Hello today the water monitor is going to talk about garden hoses. Garden hoses are used to transport water out and water the garden. You can put sprayers on the hose and then it can spray water. You need to connect the hose to a tap so the water will come through the tap and through the hose. This is what garden hoses are used for and how to use it. That is all for this week’s newsletter.

By Stephen

Tinker Time

Tinker Time is a hands-on session every Monday afternoon for all students from Kindergarten to Year Six. It is a time for imaginative, creative and innovative thinking as students work with their buddies to design and create.

By Stephen

Q. Why did the turkey cross the road?
A. Because it was chicken’s day off

By Placido and Lilyon
Dear Derica after school I have been getting lots of headaches my mum says it is because I am dehydrated what should I do?

Signed Too Hot

Dear Too Hot

Yes the heat can cause lots of headaches. Here are some ways to keep cool this summer:

• Keep your water bottle in the freezer over night
• Wear a hat and use sun screen
• Drink lots of water
• Try to play in the shade as much as possible.

These tips we keep you out of the sun and stop you from getting dehydrated. Hope it helps you keep cool for the summer.

Signed Derica
All students have begun sing carols or preparing for the year 6 Farewell. Early Stage 1 and Stage 1 have also begun to rehearse with recorders. Stages 2 and 3 have continued using Garage Band to create sound pieces.

Celebration Sing Out was a fantastic success at Town Hall. It was an amazing experience for the Stage 2 students who participated to sing with an orchestra and especially the Town Hall organ. Some photos have been included and may be found through Twitter as well. The choirs are now preparing their Presentation Day performance and to record their video audition submission for Proms and Choral Festival next year.

Visit Nan Tien Temple

Last Friday Stage 2 were lucky to visit the Nan Tien Temple at Wollongong. As soon as Stage 2 went in to the Nan Tien Temple there was a giant Buddha and toy monkeys hanging off the trees.

Firstly, we practised Tai Chi in the big square for about 15-20 minutes. Secondly, we went to the main shrine up the stairs from where the big square was. Inside there were 5 big statues of Buddha wearing different coloured robes and there were 10,000 little idols of Buddha. There was a huge chandelier in the shape of a lotus flower and there were red candles and white candles in the shrine. On the ceiling there were female spiritual hand painted artwork.

Then, we went to the Gratitude Bell which sat on a very steep hill, up there you have to think of something you’re thankful of then ring the bell. From the top of the hill we could see an orange tower-like pagoda where they did funerals. The Buddhists put their ashes in there and can worship their ancestors. After that, we went to the dining hall to have lunch. The lunch was a vegetarian meal, which contained fried rice, potato wedges, fruit (oranges slices) and water. Then some kids went for seconds and then we cleaned our plates and went back to school.

It was a good experience to visit such a spectacular site with beautiful buildings, lots of Buddhist statues and sacred symbolism.

By Billy-Sean and Ronak 3/4P
Welcome to our new members and team for 2016!

Executive Team:

**President**: Louise Hawkins
louise_hawkins@yahoo.com 0403 933 534

**Vice-President**: Grace Huntley
gracealexander@gmail.com

**Vice-President**: KT Wlodarczyk
ktdoan98@gmail.com 0425 796 544

**Secretary**: Bee Maret-Bird
bee_maret@yahoo.com.au

**Treasurer**: Alex Huntley
gracealexander@gmail.com

Committee Chairpersons:

**Healthy Choices Canteen**: Jennifer Richards
ashfieldpscanteen@gmail.com

**Fundraising**: Effie Tzhouvaras
effietzhouvaras@gmail.com

**Special Events Canteen**: Grace Huntley
gracealexander@gmail.com

**Grants Co-ordinator**: Elizabeth Lechlein
elizabethlechlein@gmail.com

**Gardens**: Sarah Le
sarah_a_le@hotmail.com 0422 904 439

**Garden Projects**: Karen Manning
kazza.manning@gmail.com

**Second-hand Uniforms & School Bag Sales**: Bee Maret-Bird
bee_maret@yahoo.com.au

General Meeting dates for 2016 –
Week 3 of each Term

**Term 1**: Monday 8th February
**Term 2**: Monday 9th April
**Term 3**: Monday 1st August
**Term 4**: Monday 24th October

**AGM**: Monday 21st November

Follow us on Twitter @AshfieldPS
Year 6 Farewell

The Year 6 of 2015 is sadly leaving the best school EVER! It has been an honour for us to be the schools leaders for 2015. We hope the year 5’s can carry on the amazing work we did and improve on what have done. We will also miss our lovely teachers that guided us through tough and happy times in school life. And last and not least the most awesome people that we know, you guys. The most funny, nice, beautiful and fantastic students of Ashfield. We will miss you guys a lot! Hope we can meet again!

Bye!

By Year 6
Photos of The Week Field of Mars
Artists in Residence

Artist: Yeashla
01 Friday the 27th of November 2015 we went to the Nan Tian Temple we got there by coach and it took us 1 hour and a half.

When we got there we had morning tea out side the temple grounds then we entered the temple and the tour guide teachers said whoever wants to go to the toilet should go before the tour and after that we did Tai Chi for 20 minutes in the courtyard.

We then went with our tour guide Sandra to see the meditation hall we didn’t go inside so we looked through the window and we saw the pagoda that was seven storeys high and the pagoda there were boxes of ashes of people in it passed away and if there was a green lotus on one box that meant that box was reserved.

We then went to the bell of gratitude we got there by climbing up an hill when we got to the bell of gratitude we got to ring it and we had to think of something we’re grateful for then we went to the Main Shrine but before we went in we took our shoes off when we went in we sat on some seats and we saw the five Buddha’s and then Sandra told us what they meant after that we had a look around the main shrine then we went to the Dining Hall and we had rice with fruit and water.

Finally we went to the Lotus Pond where we saw lots of Koi Fish but sadly we didn’t see any turtles we got back on the bus and went back to school.

Overall it was a fun day and we were all happy.
Visit Nan Tien Temple

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By Billy-Sean and Ronak 3/4P
James

I love red roses and sunflowers.

Kylah

hindu god
Krishna Pashupati
Shiva
Ganeshu
Mitra
Varuna
Prashant

At the bring any buy sale I played with my bumble bee.

Sean
I bought a racing car.
Create an inventing machine to design an everlasting gobstopper. Don’t forget to add lots of colour and label what each part of the machine does.

That’s what you pour the ingredients.

Gobstopper that are ready are collected.

They get squashed here.

This is where they get larger.

They are read.

Bin

Dezaray
Community News

Homework help
Do you struggle to understand your child’s homework? Does your child need to practice their spelling and times tables? Are you looking for inspiration for projects and assignments?

The free School A to Z app has been created by the Department of Education and Communities to help parents and their school-aged children, wherever and whenever they have homework and study questions.

Find out more: www.schoolatoz.nsw.edu.au/about/mobile-applications/school-a-to-z

Homework and multi-tasking
Somewhere along the line we seemed to have absorbed the idea that teenagers can multi-task perfectly because they’re digital natives. Can kids really do their homework and multi-task?


When lunch comes home again – uneaten
Almost nine out of 10 Australian parents say children’s resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds.

But it’s a battle families can do without and there are some simple steps to help avoid it.

Find out more: www.schoolatoz.nsw.edu.au/wellbeing/food/when-lunch-comes-homeagain

Help with English
Does your child need help with spelling or writing? Here are some resources that may help.

Find out more: www.schoolatoz.nsw.edu.au/homework-and-study/english

Maths
Struggling to remember everything you have learned in maths? If you need a refresher course, here are some tips and tools to help you to help your child.

Find out more: www.schoolatoz.nsw.edu.au/homework-and-study/mathematics
Friday Canteen Menu

**WEEK**

- **Pizzariffic**
  - Ham, Cheese & Tomato or Cheese & Cherry Tomato

- **Rice Bowl**
  - with Chicken Teriyaki and/or Veggies

- **Frankenroni & Cheese**
  - Halloween Special
  - Freshly Made Mac & Cheese

- **Oodles of Noodles**
  - Grilled Yakisoba Noodles with Veggies

- **Toad Stuck in a Hole**
  - Chicken or Vegetarian Sausage Wrapped in Homemade Pastry

- **Say Cheese! Burger**
  - Grilled Beef or Mushroom with Cheese on Homemade Buns

- **Sushi Mushi Me**
  - Tuna & Cucumber or Veggies

- **Submarine Sandwich**
  - Ham, Turkey, Cheese & Salad or Salad and Cheese

- **Hungry Caterpillar Picnic**
  - Variety of Fruits, Veggies, Cheese, Ham and Bread

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**ALL TERM Sandwich Options**

$2.50

- Ham and Cheese or Cheese and Salad on Wholewheat Bread

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Pre-order and Pay on Wednesdays between 8:30 and 9 am

$4 per serve

Where possible, ingredients will be free-range, organic, and locally sourced.

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Follow us on Twitter @AshfieldPS

Healthy Choices

TERM FOUR
THUNDER GIRLS CRICKET LEAGUE

Girls only Cricket League
Saturday afternoons
Spring League (Oct - Dec)
Summer League (Jan - Mar)
T20 format - 8 a side games
u13 and u17 teams

Check out the website and join one of your local Clubs
sydneythundergirls cricket.com.au

SUMMER HILL CRICKET CLUB
Ross Martin or Deb Smith
0406533652 or 0417483138
web: www.summerhillcricketclub.org.au
email: girls@SHCC.net.au
Learn to be a chess champion!

Coaching for students at Ashfield Public School is held on Tuesdays from 8:00am – 8:55am in the library. The dates for classes in 2016 are:

Term 1: 9 Feb - 5 Apr
Term 2: 3 May - 28 Jun
Term 3: 19 Jul - 20 Sep
Term 4: 11 Oct - 13 Dec

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop. If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170, sydneyacademyofchess.com.au.
When cars are about...
hold my hand and keep me safe.
**Kids and Traffic Key PEDESTRIAN SAFETY Messages**

...for adults to share with young children

The *Kids and Traffic* Key Pedestrian Safety Messages are designed for adults to use with young children as they walk together.

Adults are responsible for keeping young children safe. By using these Key Pedestrian Safety Messages, adults can engage children in learning about how to be safe in and around traffic without making them responsible for their own safety.

- Always hold a grown-up's hand
- When a grown-up's hand is not available, hold a pram, bag or clothes
- Always cross the road with a grown-up.

...for all the adults in a child's life

When children are walking near roads, footpaths, driveways and car parks

- hold their hands until they are at least 8 years old
- ensure they hold onto a pram, stroller, bag, trolley or your clothing if you cannot hold their hand
- closely supervise them up to at least the age of 10.